

Adult Parent Loss Support Group Fall 2026



Participation in a support group is one of the best ways to help those grieving a significant loss. People who have experienced similar losses are brought together in an environment of safety to share their experiences and offer support to each other.



- Our next group starts on September 23rd and will meet in person on Wednesday evenings from 6:30-8:00pm for 8 weeks at 1025 Westchester Avenue, Suite 200.



- Pre-registration and an intake interview are prerequisites to attend the group.



- Our bereavement program is funded entirely by donations. A \$10 donation per session recommended. No participant will be refused due to an inability to pay.



For more information about our Adult Parent Loss Support Group and to pre-register please contact:

Evelyn Varga (914) 682-1484 (ext.143)

