

Adult Parent Loss Support Group



Participation in a support group is one of the best ways to help those grieving a significant loss. People who have experienced similar losses are brought together in an environment of safety to share their experiences and offer support to each other.

- Our next Parent Loss Support group is scheduled to start February 11th 2026. The group is runs for 8 sessions and is held Wednesday evenings from 6:30 – 8:00 in our office in White Plains (2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25 and 4/1).
- Pre-registration and an intake interview are prerequisites to attend the group.
- Our bereavement program is funded entirely by donations. A \$10 donation per session recommended. No participant will be refused due to an inability to pay.

For more information about our Adult Parent Loss Support Group

and to pre-register please contact:

Evelyn Varga (914) 682-1484 (ext.143)