

## Spouse/Partner Loss Support Group



Participation in a support group is one of the best ways to help those grieving a significant loss. People who have experienced similar losses are brought together in an environment of safety to share their experiences and offer support to each other.

- Our next Spouse/Partner Loss Support group is scheduled to start on September 9, 2025, and run for 9 weeks (Sept 9, 16, 23, 30, October 7, 14, 21, 28 and November 4<sup>th</sup>)
- This group will be held in person on Tuesday's from 1:00 2:30pm, at 1025 Westchester Avenue, Suite 200, White Plains 10604.
- Pre-registration and an intake interview are prerequisites to attend the group.
- Funding for our bereavement program is entirely by donations. A \$10 donation per session recommended. No participant will be refused due to an inability to pay.

For more information about our Spouse/Partner Loss Support Group and to pre-register please contact:

Evelyn Varga (914) 682-1484 (ext.143)