



Flying Solo Support Group

For women who are a year or more beyond the death of their partner, who feel they are ready to focus on adapting to both challenges and opportunities in their new lives.

The next Flying Solo Group will be started in spring 2025.

- **This group will be held in person at 1025 Westchester Avenue, Suite 200, White Plains 10604.**
- **Pre-registration and an intake interview are prerequisites to attend the group.**
- **Funding for our bereavement program entirely by donations. A \$10 donation per session recommended. No participant will be refused due to an inability to pay.**

For more information about our Flying Solo Support Group
and to pre-register please contact:

Evelyn Varga

(914) 682-1484 (ext.143)

1025 Westchester Avenue, Suite 200, White Plains, N.Y. 10604