



Flying Solo Support Group 2022

For women who are a year or more beyond the death of their partner, who feel they are ready to focus on adapting to both challenges and opportunities in their new lives.

- This group is scheduled to start on Monday, October 3rd and will meet from 3:30 - 5:00 in person, in our office in White Plains.
- The dates of our group are Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 21, 28, Dec. 5, and 12th.
- Although there is no fee for the group, a donation of \$10 per session is requested if possible. Our bereavement program is funded solely by donations.
- An intake interview is a prerequisite for participation.

**THANK YOU FOR YOUR INTEREST.
UNFORTUNATELY THIS GROUP IS
NOW FULL**

If you would like to get on the waiting list for the next group, please call Evelyn Varga, 914-682-1481 ext. 143