



Flying Solo Support Group
2022

For women who are a year or more beyond the death of their partner, who feel they are ready to focus on adapting to both challenges and opportunities in their new lives.

The next Flying Solo Group will be start on January 3rd, 2022 and run for 12 weeks. Please call if you are interested as this group has limited space.

For more information, please contact:

Kim Gordon, LMHC, CT

Bereavement Coordinator

(914) 682-1484 (ext.163)

(914) 523-4924 (cell phone)