



## Hospice of Westchester Bereavement Support Group

**Have you lost a spouse or life partner?**



**Sometimes it helps to share feelings with others who understand.**

**We invite you to join Hospice of Westchester's ongoing ten-week bereavement support group. This group focuses on mutual support, education, and identifying strategies and skills for coping with grief.**

**The next Spouse/Partner Loss Group will be run in the Fall of 2021. Please call to get on the waiting list as this group has limited space.**

- **An intake interview is a prerequisite to participate in this group. Typically, participants lost their loved one between three months and a year prior to the start of the group.**
- **Although there is no fee, a donation of \$10 per session is requested, if possible. Our bereavement program is funded solely by donations.**

**For more information, please call:**

**Joan Jacobus, LCSW (914) 682-1484, (ext. 185)**

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