



Hospice of Westchester Bereavement Support Group

Are you flying solo?



Sometimes it helps to share feelings with others who understand.

This group focuses on women who have been widowed for at least one year adapting to both challenges and opportunities in their new lives.

Starting Date: To Be Advised

**For more information, please call:
Kim Gordon, LMHC, CT (914) 682-1484 (ext.163)**

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www.hospiceofwestchester.org