



Hospice of Westchester Bereavement Support Group

Have you lost a spouse or life partner?



Sometimes it helps to share feelings with others who understand.

We invite you to join Hospice of Westchester's ongoing ten-week bereavement support group. This group focuses on mutual support, education, and identifying strategies and skills for coping with grief.

Starting: Wednesday, April 28, 2021

Time: 1:00PM - 2:30PM

Location: Virtual

- **An intake interview is a prerequisite to participate in this group. Typically, participants lost their loved one between three months and a year prior to the start of the group.**
- **Although there is no fee, a donation of \$10 per session is requested, if possible. Our bereavement program is funded solely by donations.**

For more information, please call:

Joan Jacobus, LCSW (914) 682-1484, (ext. 185)

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